

2022
Northwest 45
Little League
ID # 03432814

Safety Plan



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Safety Mission Statement

Northwest 45 Little League (NW 45 LL) is dedicated to protecting the safety and health of its players, parents, spectators, and all volunteers. We have an established safety program to prevent injuries due to the potential hazard of playing, coaching, or just being a fan of little league baseball. Involvement by all individuals is critical for this program to be successful.

Copies of this plan are printed and provided to all managers to review with parents and players and to each member of the Board. A copy of the plan is in the Concession Stand and parents wishing to have a copy may receive one via e-mail by contacting Summer Krause, the NW45 LL Safety Officer who is on file with Little League International as our Safety Officer.

The Plan has been reviewed by our Safety Officer to ensure it meets the Qualified Safety Plan Requirements and was reviewed by the Texas District 28 Safety Officer. The Plan is also provided to Little League International under cover of the 2019 Qualified Safety Program Registration Form.

ARTHUR BAYER PARK
24811 W. Hardy Road
Spring, Texas 77373

Harris County – Precinct 3
Tom S. Ramsey, Commissioner

PARK RULES

No person shall operate a vehicle in a park at a speed in excess of the posted speed limit

The constitution and laws of the State of Texas, and those of the United States of America, govern the possession of Weapons within a park

Rules and Regulations are in addition to, and not in lieu of, all federal, state, and municipal laws, rules, and regulations applicable within a park

Vehicles in park after hours will be towed at owner's expense. See officer for approval.

No person shall harm, harass, disturb, trap, confine, catch, possess, feed, hunt, release, or remove any wildlife without proper authority.

For law enforcement call 281-376-3472

***NO*.....**

- ...parking, except in designated areas
- ...alcoholic beverages or glass containers
- ...overnight camping
- ...pets allowed, unless on a 6 ft. leash
- ...gun powder, firecrackers or explosives
- ...hunting
- ...fires, except in grills
- ...fund raising on park property
- ...metal detectors

When treating an injury remember:

Protection
Rest
Ice
Compression
Elevation
Support

IMPORTANT PHONE NUMBERS

For all emergency situations dial

911

Non-Emergency Numbers:

Harris County:

- Constable – Precinct 4 832-927-6200
- Animal Control 713-837-0311
- Child Protective Services 281-847-7000
- Poison Center 1-800-POISON
..... or 1-800-222-1222
- Department of Public Safety 713-681-1761
- Drug Enforcement Administration 713-693-3000
- Environmental Protection Agency 281-983-2199
- Runaway Hotline (toll free) 1-800-989-6884

VOLUNTEERS

NW 45 LL is committed to protecting its youth and to provide a safe environment for them to play baseball.

1. The league will conduct the appropriate background checks on each adult individual that will be present on the field or in the dugout with the kids playing baseball. The Safety Officer will provide a badge that shall be worn by the individual as evidence of a passed background check. Those without a badge will not be permitted on the field or in the dugout.
2. The background checks are confidential and are retained in JDP for the year of service.

Board Member Position	Name	Cell #	E-mail 1
President	Connie Flores	832-286-6538	connie.flores101@yahoo.com
Vice President	Greg Dulworth	832-372-4419	gdulworth21@hotmail.com
VP-Treasurer	Bonnie Haman	281-902-8292	moki42@gmail.com
VP-Secretary	Larry Rodriguez	832-744-2909	ldrod2006@gmail.com
League Information Officer/Social Media	Janie Vazquez	713-553-5806	janie_escobedo03@yahoo.com
Umpire in Chief	Peter Jackson		peter_jack84@yahoo.com
Sponsorship/Fundraising/ Concessions Director	Rachel Jelks	713-865-0254	rachel77373@yahoo.com
VP of Safety	Summer Krause	832-372-4367	summerlkrause@gmail.com
Field Maintenance Director	Chris Wheat	281-804-0309	wheatparty_7@yahoo.com
Players Agent	Donielle Phillips	832-918-5525	
Coaches Agent	Jeremy O'Guin	512-287-9921	Joguin255@gmail.com
Equipment Director	Adrian Ornelas	713-834-4886	AORNELAS7@HOTMAIL.COM
TBall Commissioner	Derrick Elizarraraz	832-922-7016	D_MATTHEW281@att.net
CP6 Commissioner	Amber Jackson	832-660-7506	amber.l1531@gmail.com
CP7/8 Commissioner	Rob Cohen	281-203-4911	rob@robcohen323.com
PW9/Minors Commissioner	Dean Wheeler	817-999-7833	dean.wheeler@sbcglobal.net
Major/ 50/70 Commissioner	Janey Oommen		JANEYOOMMEN@GMAIL.COM
Jr./Sr. Commissioner	Jay Oliver	281-323-9088	Oliverjay100@gmail.com
PA President	Jacqueline Castaneda		jackie.cortes07@gmail.com
PA Assistant	Tracy Wheat		wheatparty_7@yahoo.com
Tournament Director	Jay Oliver		oliverjay100@gmail.com
Member at Large	Jared Samuels		samuelsautomotive@outlook.com
Member at Large	Daniel Vazquez		Bigd7723@yahoo.com

LEAGUE MANAGEMENT

NW 45 LL conducts tryouts and player registration in January/February followed by draft and team formation. Player roster data and coach and manager data will be submitted to the Little League data center at www.LittleLeague.org by March 31, 2022.

NW45 Little League Code of Conduct

Speed Limit 5 mph in roadways and parking lots while attending any NW45 Little League function. Watch for small children around parked cars.

No alcohol allowed in any parking lot, field or common areas.

No playing in parking lots at any time.

No playing on or around lawn equipment.

Use crosswalks when crossing roadways. Always be alert for traffic.

No profanity allowed.

No swinging bats or throwing baseballs at any time within the walkways and common areas.

No throwing balls against dugouts or against backstop. Catchers must be used for all batting practice sessions.

No throwing rocks.

No horseplay in walkways at any time.

No climbing fences.

No pets allowed unless confined to a leash.

Only one player on the field at bat may swing a bat before play commences but cannot be in the on-deck position when play commences (Majors and lower). Intermediate 50-70 and up may have a player in the on-deck circle. Be alert of the area around you when swinging a bat in the on-deck position.

Observe all posted signs. Players and spectators should be alert at all times for foul balls and errant throws.

During a game, players must ***remain in the dugout*** area in an orderly fashion at all times.

During a game, **NO coaching or talking to players from behind backstop** by any parent or coach. Players must focus attention in front of them and not behind.

After each game, each team must ***clean up trash*** in dugout and around stands.

All gates to the playing field must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.

No children under the age of 16 are to be permitted inside the Concession Stands.

Important Do's and Don'ts

Do...

1. Reassure and aid children who are injured, frightened, or lost.
2. Provide or assist in obtaining medical attention for those who require it.
3. Know your limitations.
4. Carry your first-aid kit to all games and practices.
5. Keep your "Prevention and Emergency Management of Little League Baseball and Softball Injury" booklet with your first aid kit.
6. Assist those who require medical attention and when administering aid remember to:
LOOK for signs of injury (blood, black and blue markings, deformity of joint, etc.).
LISTEN to the injured describe what happened and what hurts, if conscious. (Before questioning, you may have to calm and soothe an excited child.)
FEEL gently and carefully the injured area for signs of swelling or grating of broken bone.
7. Have your players' Medical Release Forms (**See Appendix V**) with you at all games and practices.
8. Make arrangements to have a cellular phone available when your game or practice is at a facility that does not have any public phones.

Don't...

1. Administer any medications.
2. Provide any food or beverages (other than water).
3. Hesitate in giving aid when needed.
4. Be afraid to ask for help if you are not sure of the proper procedures (i.e. CPR, etc.).
5. Transport injured individuals, except in extreme emergencies.
6. Leave an unattended child at a practice or game.
7. Hesitate to report any present or potential safety hazard to the Director of Safety immediately.

Little League & General Safety

Dedicated to Injury Prevention

All Managers and Coaches shall be familiar with Little League's Rules & Regulations, many of which have some basis in safety. Managers, Coaches and Umpires shall enforce these rules during games. Furthermore, Managers and Coaches shall enforce the rules during practices.

Responsibility for safety procedures shall be that of an adult member of NW 45 Little League.

Arrangements shall be made in advance of all games and practices for emergency medical services.

All managers and coaches shall be provided with training on the basic fundamentals of baseball, including hitting, sliding, fielding, pitching, etc.

Managers, coaches and umpires shall have training in first aid. First aid kits are issued to each team manager, are to be brought to each game and practice, and are located at each concession stand.

No games or practices shall be held when weather or field conditions are not good, particularly when field lighting is inadequate.

Playing fields shall be inspected prior to each use for holes, damage, stones, glass and other foreign objects by managers, coaches, and umpires, as well as on duty board members.

All team equipment shall be stored within the team dugout, or behind screens and not within the area defined by the umpires as "in play".

Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions.

Responsibility for keeping bats and loose equipment off the field of play shall be that of a player assigned for this purpose or the team's manager and coaches.

Procedure shall be established for retrieving foul balls batted out of the playing area.

During practice and games, all players shall be alert and watching the batter on each pitch.

During warm-up drills players shall be spaced so that no one is endangered by wild throws or missed catches.

All pre-game warm-ups shall be performed within the confines of the playing field and not within areas that are frequented by, and thus endanger, spectators (i.e. playing catch, pepper, wall ball, swinging bats, etc.).

Equipment must be inspected prior to each use for its condition as well as for proper fit.

It is highly recommended that a cell phone be available for emergencies during all games and practices.

Batters must wear Little League approved protective helmets during batting practice and games.

Catchers must wear catcher's helmet (or mask), throat guard, long model chest protector, shin guards and protective cup with athletic supporter at all times for all practices, pre-game warm-ups and games. **NO EXCEPTIONS.** Managers should encourage all players to wear protective cups and supporters for practices and games

A player warming up a pitcher must wear catcher's helmet (or mask) with a throat guard, and protective cup. It is suggested that full gear be used. This applies between innings, in the bullpen during a game and during practices. Managers and coaches may not warm up pitchers before or during a game.

Except when runner is returning to a base, headfirst slides are not permitted (Majors and lower).

At no time shall "horse-play" be permitted on the playing field.

Parents of players who wear glasses shall be encouraged to provide "safety glasses" for their child.

Players must not wear watches, rings, earrings, pins or metallic items during games and practices.

On deck batters are not permitted (except in Intermediate 50-70 and higher divisions).

All injuries occurring during games or practices shall be reported to the appropriate Commissioner for the age group by the manager as soon as possible. If the injury occurs during a game that is held at Bayer Park, the manager shall report it to the NW 45 LL Board member who is present on Field Duty as soon as possible.

All injuries occurring within Bayer Park, but not during a practice, warm-up, or game, shall be reported to the Harris County Precinct 3 representative(s) on duty as soon as possible.

Communicable Disease Procedure

1. Bleeding must be stopped, the open wound covered, and the uniform changed (if there is blood on the uniform) before the athlete may continue.
2. Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids are anticipated (provided in the first aid kit).
3. Immediately wash hands and other skin surface if contaminated with blood.
4. Clean all blood contaminated surfaces and equipment.
5. Managers, coaches and volunteers with open wound should refrain from all direct contact until the condition is resolved.
6. Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing body fluids.

LIGHTNING EVACUATION

1. Stop game/practice.
2. Stay away from metal fencing (including dugouts)!!
3. Do not hold a bat.
4. Walk, do not run, to car and wait for a decision on whether or not to continue the game or practice.

STORAGE SHED

The following applies to all of the storage sheds used by NW45 Little League and apply to anyone who has been issued a key by NW 45 Little League to use those sheds.

All individuals with keys to the NW45 Little League equipment sheds (i.e. Commissioners, Coaches, Managers, Grounds Keepers, etc.) are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases, etc.

Before you use any machinery located in the shed (i.e. lawn mowers, weed trimmers, lights, scoreboards, public address systems, etc.) please locate and read the written operating procedures for that equipment.

All chemicals or organic materials stored in NW 45 Little League sheds shall be properly marked and labeled as to its contents.

All chemicals or organic materials (i.e. lime, fertilizer, etc.) stored within these equipment sheds will be separated from the areas used to store machinery and gardening equipment (i.e. rakes, shovels, etc.) to minimize the risk of puncturing storage containers.

Any witnessed “loose” chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

Manager/Coach Training

Fundamentals

NW 45 LL will conduct a managers and coaches training session on or before March 30, 2022 to address fundamentals training which shall address safety procedures (for bat, helmet, and catchers' equipment), rules, and include hitting, sliding, fielding, pitching, etc. For new Managers and/or Coaches, attendance is required. Managers or coaches who have not attended in three years' time must also attend. Regardless a representative from each team must attend annually.

Safety Meeting & First Aid

On or before March 30, 2022. NW 45 LL will conduct a managers and coaches Safety and First Aid training session which shall address, among other items, common sports injuries, stabilization and basic instruction capable to be performed by non-medical or EMS personnel. For new Managers and/or Coaches attendance is required. Managers or coaches who have not attended in three years' time must also attend. Regardless a representative from each team must attend annually. Specifically, the trainings shall address:

1. INTRODUCTION TO SAFETY

- a. All managers, coaches and umpires shall inspect the playing field (including practice fields), for safety concerns before and during a game or practice.
- b. All managers, coaches and umpires shall inspect the players' equipment including but not limited to bats, helmets, gloves and catchers gear for safety concerns, before and during each game or practice.
- c. Coaches and /or managers shall not warm-up the pitcher.
- d. Catchers shall wear full gear including the mask, during warm-up and games when they are in the catcher's area of the field.
- e. No paint, decal, or other marking shall be on the batting and catcher's helmets.
- f. Any safety concerns shall be referred to the VP Safety or any other board member.
- g. The manager, coaches, and/or team coordinators shall be the safety representative for each team. The team coordinator will be designated as the team safety officer and will be responsible for ensuring the team first aid kit and cell phone is present at all games and practices.

2. FIRST AID-BASIC

- a. All managers shall have the NW 45 LL issued minimum first aid kit at all team functions. Additional items may be added at the manager's discretion.
- b. There should be at least one working cell phone available at all team functions. "This is for emergency purposes only"

3. FIRST AID PROCEDURES

- a. Apply ice to bruises, cuts and sprains.
- b. Apply gauze bandage and tape or other pursuer to severe cuts.
- c. Get the injured player to the doctor or hospital if professional assistance is required.

d. Call an ambulance if the injury is major or the player is unable to move.

4. CONCUSSION TRAINING

Each Manager/Coach or Team representative will:

a. Know how to recognize a concussion.

b. By March 30, 2022, each team will have a Manager, Coach or Team Representative take training from the Center of Disease Control and Prevention. This can be found at www.cdc.gov/ConcussionInYouthSports

EQUIPMENT MANAGEMENT

The NW 45 LL Equipment Director has the overall responsibility to procure new equipment that meets Little League requirements, advise teams of equipment that no longer meets Little League standards, ensure re-use of used equipment, disposal of damaged equipment, and inspection and training Managers to properly inspect player and League equipment.

FACILITIES REVIEW

The NW 45 LL ball fields at Arthur Bayer Park all have break-away bases. The NW 45 LL VP of Safety conducts an annual survey of its facilities to identify hazards that need to be fixed and consider improvements. An Excel spreadsheet of the survey is attached as **Appendix (II)**.

ACCIDENT REPORTING

What to Report – An incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aid must be reported to the VP of Safety. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury or periods of rest.

When to Report – All such incidents described above must be reported to the Director of Safety within 48 hours of the incident. The VP of Safety for 2022, is Summer Krause safetyofficer@nw45ll.com.

How to make the Report – Reporting incidents can initially be done by email provided that they are always be followed up using the Little League Baseball Incident/Injury Tracking Form – see **Appendix (IV)**. At a minimum, the following information must be provided by email:

1. The name and phone number of the individual involved.
2. The date, time and location of the incident.
3. As detailed a description of the incident as possible.

4. The preliminary estimation of the extent of any injuries.
5. The name and phone number of the person reporting the incident.

Director of Safety's Responsibilities

Within 48 hours of receiving the incident report, the Director of Safety will contact the injured party or the party's parents and (1) verify the information received; (2) obtain any other information deemed necessary; (3) check on the status of the injured party required other medical treatment (i.e., emergency room visit, doctor's visit, etc.) will advise the parent or guardian of the NW45 Little League's insurance coverage and the provisions for submitting any claims via the Little League Baseball Accident Notification Form – see **Appendix (III)**.

If the extent of the injuries is more than minor in nature, the Director of Safety shall periodically call the injured party to (1) check on the status of any injuries, and (2) to check if any other assistance is necessary in areas such as submission of insurance forms, etc., until such time as the incident is considered "closed" (i.e. no further claims are expected and/or the individual is participating in the league again).

SAFETY OFFICER (VP of Safety)

Safety Officer Duties

1. The safety officer shall abide by, enforce and instruct all rules and regulations concerning safety at Bayer Park in Spring, Texas.
2. The safety officer shall enforce first aid training for all managers and coaches instructing the proper procedures for dealing with injuries at practice and at a game.
3. The safety officer shall assure the league has proper fundamental baseball training for all managers and coaches. This can be conducted at Bayer Park or other venue.
4. The safety officer shall conduct the Annual League Facility Survey online.
5. The safety officer shall implement new safety rules and regulations as required to ensure an ongoing, progressive safety program.

Safety is everyone's job.

Prevention is the key to reducing accidents to a minimum.

Report all hazardous conditions to the Director of Safety or another Board member immediately.

Don't play on a field that is not safe or with unsafe playing equipment.

Be sure your players are fully equipped at all times, especially catchers and batters.

**** Absolutely no soft toss is allowed using Hard balls against the County fences****

CONCESSION STAND

The concession stand operations are under the direct supervision of Rachel Jelks (Concessions Director) and any questions or comments should be directed to her or another board member.

The concessions stand shall adhere to, but not limited to, the following requirements:

1. A concession stand safety plan shall be posted in every concession stand. This plan shall include food handling and storage procedures and practices. See section F.
2. An emergency procedure plan shall be posted in every concession stand. This plan shall include emergency first aid and fire suppression procedures. See **Appendix VI**.

“A current Harris County Health permit shall be posted in every concession stand.”

EXPECTATIONS

What Do I Expect from My Players?

To be on time for all practices and games.

To always do their best whether in the field or on the bench.

To be cooperative at all times and share team duties.

To respect not only others, but themselves as well.

To be positive with teammates at all times.

To try not to become upset at their own mistakes or those of others.... we will all make our share this year and we must support one another.

To understand that winning is only important if you can accept losing, as both are important parts of any sport.

What Can You and Your Child Expect from Me?

To be on time for all practices and games.

To be as fair as possible in giving playing time to players.

To do my best to teach the fundamentals of the game.

To be positive and respect each child as an individual.

To set reasonable expectations for each child and for the season.

To teach the players the value of winning and losing.

To be open to ideas, suggestions or help.

To never yell at any member of my team, the opposing team, or umpires. Any confrontation will be handled in a respectful, quiet and individual manner.

What Do I Expect from You as Parents and Family?

To come out and enjoy the game. Cheer to make all players feel important.

To allow me to coach and run the team.




To try not to question my leadership. All players will make mistakes and so will I.

Do not yell at me, the players or the umpires. We are all responsible for setting examples for our children. We must be the role models in society today. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressures and will learn the value of sportsmanship.

If you wish to question my strategies or leadership, please do not do so in front of the players or fans. My phone number will be available for you if you wish to offer your services at practice. A helping hand is always welcome.

Finally, don't expect the majority of children playing Little League to have strong skills. Let's allow our children to make their mistakes, but always be there with positive support to lift their spirits!

APPENDICES

<p>I. <u>Little League Facilities Survey</u></p>	 NW 45 FacilitySurvey_2013.																																											
<p>II. <u>Accident Form/Claims</u></p>	 AccidentClaimForm[1].pdf																																											
<p>III. <u>Little League Baseball Injury Tracking Report</u></p>	<div style="text-align: center;">  <p>LITTLE LEAGUE® BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> <p>Send Completed Form To: Little League® International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674</p> </div> <ol style="list-style-type: none"> This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan. Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury. Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing. <p>League Name _____ League I.D. _____</p> <p>Name of Injured Person/Claimant _____ SSN _____ PART 1 Date of Birth (MM/DD/YY) _____ Age _____ Sex _____ <input type="checkbox"/> Female <input type="checkbox"/> Male</p> <p>Name of Parent/Guardian, if Claimant is a Minor _____ Home Phone (Inc. Area Code) _____ Bus. Phone (Inc. Area Code) _____ () ()</p> <p>Address of Claimant _____ Address of Parent/Guardian, if different _____</p> <p>The Little League Master Accident Policy provides benefits in excess of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.</p> <p>Does the insured Person/Parent/Guardian have any insurance through:</p> <table border="0"> <tr> <td>Employer Plan</td> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td>School Plan</td> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> </tr> <tr> <td>Individual Plan</td> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td>Dental Plan</td> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> </tr> </table> <p>Date of Accident _____ Time of Accident _____ Type of Injury _____ <input type="checkbox"/> AM <input type="checkbox"/> PM</p> <p>Describe exactly how accident happened, including playing position at the time of accident:</p> <p>Check all applicable responses in each column:</p> <table border="0"> <tr> <td><input type="checkbox"/> BASEBALL</td> <td><input type="checkbox"/> CHALLENGER (4-18)</td> <td><input type="checkbox"/> PLAYER</td> <td><input type="checkbox"/> TRYOUTS</td> <td><input type="checkbox"/> SPECIAL EVENT (NOT GAMES)</td> </tr> <tr> <td><input type="checkbox"/> SOFTBALL</td> <td><input type="checkbox"/> T-BALL (4-7)</td> <td><input type="checkbox"/> MANAGER, COACH</td> <td><input type="checkbox"/> PRACTICE</td> <td><input type="checkbox"/> SPECIAL GAME(S) (Submit a copy of your approval from Little League Incorporated)</td> </tr> <tr> <td><input type="checkbox"/> CHALLENGER</td> <td><input type="checkbox"/> MINOR (6-12)</td> <td><input type="checkbox"/> VOLUNTEER UMPIRE</td> <td><input type="checkbox"/> SCHEDULED GAME</td> <td></td> </tr> <tr> <td><input type="checkbox"/> TAD (2ND SEASON)</td> <td><input type="checkbox"/> LITTLE LEAGUE(9-12)</td> <td><input type="checkbox"/> PLAYER AGENT</td> <td><input type="checkbox"/> TRAVEL TO</td> <td></td> </tr> <tr> <td></td> <td><input type="checkbox"/> INTERMEDIATE (50/70) (11-13)</td> <td><input type="checkbox"/> OFFICIAL SCOREKEEPER</td> <td><input type="checkbox"/> TRAVEL FROM</td> <td></td> </tr> <tr> <td></td> <td><input type="checkbox"/> JUNIOR (12-14)</td> <td><input type="checkbox"/> SAFETY OFFICER</td> <td><input type="checkbox"/> TOURNAMENT</td> <td></td> </tr> <tr> <td></td> <td><input type="checkbox"/> SENIOR (13-16)</td> <td><input type="checkbox"/> VOLUNTEER WORKER</td> <td><input type="checkbox"/> OTHER (Describe)</td> <td></td> </tr> </table> <p>I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.</p> <p>I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.</p> <p>I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.</p> <p>Date _____ Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.) _____</p> <p>Date _____ Claimant/Parent/Guardian Signature _____</p>	Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> BASEBALL	<input type="checkbox"/> CHALLENGER (4-18)	<input type="checkbox"/> PLAYER	<input type="checkbox"/> TRYOUTS	<input type="checkbox"/> SPECIAL EVENT (NOT GAMES)	<input type="checkbox"/> SOFTBALL	<input type="checkbox"/> T-BALL (4-7)	<input type="checkbox"/> MANAGER, COACH	<input type="checkbox"/> PRACTICE	<input type="checkbox"/> SPECIAL GAME(S) (Submit a copy of your approval from Little League Incorporated)	<input type="checkbox"/> CHALLENGER	<input type="checkbox"/> MINOR (6-12)	<input type="checkbox"/> VOLUNTEER UMPIRE	<input type="checkbox"/> SCHEDULED GAME		<input type="checkbox"/> TAD (2ND SEASON)	<input type="checkbox"/> LITTLE LEAGUE(9-12)	<input type="checkbox"/> PLAYER AGENT	<input type="checkbox"/> TRAVEL TO			<input type="checkbox"/> INTERMEDIATE (50/70) (11-13)	<input type="checkbox"/> OFFICIAL SCOREKEEPER	<input type="checkbox"/> TRAVEL FROM			<input type="checkbox"/> JUNIOR (12-14)	<input type="checkbox"/> SAFETY OFFICER	<input type="checkbox"/> TOURNAMENT			<input type="checkbox"/> SENIOR (13-16)	<input type="checkbox"/> VOLUNTEER WORKER	<input type="checkbox"/> OTHER (Describe)	
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Little League Baseball and Softball MEDICAL RELEASE



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship _____

Parent (s)/Guardian Name: _____ Relationship _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR LEGAL GUARDIAN AUTHORIZATION: Email: _____

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital Preference: _____

Parent Insurance Co.: _____ Policy No.: _____ Group ID#: _____

League Insurance Co.: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/legal guardian cannot be reached in case of emergency, contact:

Name Phone Relationship to Player

Name Phone Relationship to Player

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetes, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____
Authorized Parent/Guardian Signature Date: _____

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not discriminate in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.

IV. Medical Release Form

**Little League®
Béisbol y Softbol
Revelación Médica**

NOTA: A llevarse a cabo por cualquier Temporada Regular o Dirigente del Equipo del Torneo junto con el róster del equipo o declaración jurada de elegibilidad.

Jugador: _____ Fecha de Nacimiento: _____
 Nombre de la Liga: _____ Número de Identidad: _____

Autorización del Padre o Tutor:

En caso de emergencia, si no se puede llegar al médico familiar, Yo, por la presente autorizo que mi hijo sea tratado por el Personal de Emergencia Certificado. (es decir, TME, Primeros Auxilios, Médico de Emergencia)

Médico Familiar: _____ Teléfono: _____
 Dirección: _____

Hospital de Preferencia: _____

En caso de emergencia contactar a: _____

 Nombre Teléfono Relación con el Jugador

 Nombre Teléfono Relación con el Jugador

Por favor liste cualquier alergia/problema médico, incluyendo aquellos que requieran medicamentos permanentes. (es decir, Diabético, Asma, Trastorno de Convulsión)

Diagnóstico Médico	Medicamentos	Dosificación	Frecuencia de Dosificación

El propósito de la información listada arriba es asegurar que el personal médico tenga detalles de cualquier problema médico el cual pueda interferir con o alterar el tratamiento.

Fecha de la última dosis de refuerzo de toxina del tétano: _____

Sr./Sra./Srta. _____

Firma del Padre/Tutor Autorizado

NORTHWEST 45 LITTLE LEAGUE CONCESSION STAND SAFETY PLAN






IN THE EVENT OF ANY INJURY OR ACCIDENT CONTACT

Rachel Jelks (713)865-0254

V. Concession Stand Safety & Emergency Procedures

- Be sure all spills are cleaned up as quickly as possible.
- Ensure all foods (cooked and uncooked) are kept at the correct temperature.
- Keep floor and food prep area clean. Sweep and mop the floors as necessary to ensure cleanliness during the operating hours. Refer to the clean up checklist for the closing cleaning requirements.
- Keep the counter tops in the “order” and “pick-up” windows clean. Damp wipe and dry as necessary.
- Ensure paper goods are stored in the correct area.
- The use of serving gloves is required. Hairnets are to be used at all times while cooking.
- Ensure the safe use of equipment. All equipment must be used for its intended purpose only.
- Ensure all fire extinguishers are accessible at all times.

Volunteers Must Wash Hands

HOW	WHEN
<p>Wet warm water</p>  <p>Wash 20 seconds Use soap</p>  <p>Rinse</p>  <p>Dry Use single-service paper towels</p>  <p>Gloves</p> 	<p>Wash your hands before you prepare food or as often as needed.</p> <p>Wash after you:</p> <ul style="list-style-type: none"> ▶ use the toilet ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods ▶ interrupt working with food (such as answering the phone, opening a door or drawer) ▶ eat, smoke or chew gum ▶ touch soiled plates, utensils or equipment ▶ take out trash ▶ touch your nose, mouth, or any part of your body ▶ sneeze or cough <p>Do not touch ready-to-eat foods with your bare hands.</p> <p>Use gloves, tongs, deli tissue or other serving utensils. Remove all jewelry, nail polish or false nails unless you wear gloves.</p> <p>Wear gloves.</p> <p>when you have a cut or sore on your hand when you can't remove your jewelry</p> <p>If you wear gloves:</p> <ul style="list-style-type: none"> ▶ wash your hands before you put on new gloves <p>Change them:</p> <ul style="list-style-type: none"> ▶ as often as you wash your hands ▶ when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MM Partnership for Food Safety Education, United States Department of Agriculture-Cooperating. UMass Extension provides equal opportunity in programs and employment.



NORTHWEST 45 LITTLE LEAGUE
CONCESSION STAND
EMERGENCY PROCEDURES

- In the event of injury use the first aid kit. If injury is severe contact the emergency response via 911 or the county employee on duty.
- In the event of fire use the fire extinguishers to put out the fire. **DO NOT USE WATER ON THE FIRE.**
- Notify the county employee on duty as soon as possible of any emergency situation. They have direct contact to the proper authorities if assistance is necessary.
- Notify the Little League field duty person of any issue's. Keep them advised so they can assist you with any needs you may have.
- Assist in keeping the area clear in the event of an emergency. Pay close attention to children in the area to ensure their safety.